

## *Saint Germain Prayers*

### MORNING PRAYER

BLESSED I AM PRESENCE, GUIDE ME THIS DAY, RELEASE THE BLESSINGS INTO MY PHYSICAL FORM THAT ALLOWS ME TO GROW AND TO DO THY HOLY WILL. SEE THAT AT EVERY SECOND THE CHOICES I MAKE ARE IN FULL ACCORDANCE WITH THE HOLY WILL. SEE TO IT THAT MY VIBRATIONS ARE USED TO MAGNIFY THE LORD IN EACH AND EVERYONE I ENGAGE. BLESSED FATHER, MOST HIGH GOD, I RELEASE MY SPIRIT UNTO THEE AND ASK THAT MY ENERGIES BE IN HARMONY WITH THY ENERGIES AND THAT THIS MERGER, SHALL SEAL THE ATTUNEMENT THAT I NEED WITH MY I AM PRESENCE, THE HOLY SPIRIT, AND THE DIVINE MOTHER

### MEAL PRAYER

BLESSED ART THOU, O LORD OUR GOD,  
KING OF THE UNIVERSE, WHOM BRINGTH  
FORTH BREAD FROM THE EARTH.

### PRAYER

BELOVED HEAVENLY FATHER, I COMMEND MY SPIRIT, HEART,  
MIND AND BODY UNTO YOU FOR I KNOW I AM YOUR  
CHILD. ALL THAT I CONTAIN, ALL THAT I AM, IS YOURS  
AND UNDER YOUR GUIDANCE I SHALL FOREVER RETURN.  
NOT MINE BUT THINE, AND SO IT IS, IN GOD, FOREVER.

### EVENING PRAYER

BLESSED FATHER, BLESSED SANANDA, SEND ME THE  
ELECTRO-MAGNETIC RESONANCE OF YOURSELF AND  
ALLOW THAT BLUEPRINT IMAGE TO REST OVER ME  
AND THROUGH ME WHILE MY BODY RESTS.